

University address:
B24 Haggard Hall
Notre Dame, IN 46556
Phone: (574)-631-5814
Fax: (574)-631-8883



Tony J. Cunningham

Home address:
5101 W. 76th Terrace
Prairie Village, KS 66208
Phone: (574)-315-8702
E-mail: acunmin1@nd.edu

EDUCATION

<i>VA Eastern Kansas Health Care System, Leavenworth, KS</i> Clinical Psychology Internship APA Accredited	2017-2018
<i>University of Notre Dame, Notre Dame, IN</i> Ph.D. in Clinical Psychology (Dissertation Completed 06/2017) Department of Psychology (APA Accredited)	2014-2017
<i>University of Notre Dame, Notre Dame, IN</i> Master's Degree in Clinical Psychology Department of Psychology (APA Accredited)	2011-2014
<i>University of Notre Dame, Notre Dame, IN</i> Alumni INC@ND Graduate Tuition Scholarship Plan Non-degree seeking student in Psychology Graduate Program	2010-2011
<i>University of Notre Dame, Notre Dame, IN</i> B.A. in Psychology Supplementary Major: Pre-Professional Studies	2003-2007

PUBLICATIONS

Published

- Alger, S. E., Pardiella-Delgado, E., Mattingly S. M., **Cunningham, T. J.**, & Payne J. D. (In Press) The Cognitive Psychology of Sleep and Memory. In J. Byrne, S. Sara, R. Menzel, & J. Wixted, (Eds.), *Learning and Memory: A Comprehensive Reference 2E*. Elsevier. *
- Cunningham, T.J.** and Payne, J. D. (2017). Emotional Memory Consolidation during Sleep. In N. Axmacher and B. Rasch (Eds.), *Cognitive Neuroscience of Memory Consolidation*. Springer. *
- Cunningham, T.J.** (2017). Sleep: The Elusive White Whale of Graduate School. *Clinical Science: Society for the Science of Clinical Psychology, Section III of the Division of Clinical Psychology of the APA Newsletter*, 20 (1), 15-16. *
- Pardiella-Delgado, E., Alger, S. E., **Cunningham, T.J.**, Kinealy, B., & Payne, J. D. (2016). Effects of post-encoding stress on performance in the DRM false memory paradigm. *Learning & Memory*, 23(1), 46-50.
- Pardiella-Delgado, E., Mattingly, S.M., Alger, S.E., Chambers, A., **Cunningham, T.J.**, and Payne, J. D. (2015). Sleep's role in the consolidation and integration of declarative memories. In M. Sakakibara & E. Ito (Eds.), *Memory Consolidation*. Nova Science Publishers: New York. *
- Cunningham, T.J.**, Chambers, A and Payne, J. D. (2014). The effect of expectation on the selective processing of negatively arousing information across periods of wake and sleep. *Frontiers Special Issue on Prospection*.
- Alger, S., Chambers, A., **Cunningham, T.J.**, and Payne, J. D. (2014). The role of sleep in human declarative memory consolidation. In P. Meerlo, R. Benca, and T. Abel. (Eds.), *Sleep, Neuronal Plasticity and Brain Function*. Springer. *
- Cunningham, T.J.**, Pardiella-Delgado, E., Alger, S. and Payne, J. D. (2014). The Role of REM Sleep in Emotional Memory and Affective Reactivity in Humans. In C. Saylor (Ed.), *REM Sleep: Characteristics, Disorders and Physiological Effects*. Nova Science Publishers: New York. *

Cunningham, T.J., Crowell, C., Alger, S., Villano, M., Mattingly, S., and Payne, J. D. (2014). Psychophysiological arousal at encoding leads to reduced reactivity but enhanced emotional memory following sleep. *Neurobiology of Learning and Memory*.

Under Review

Cunningham, T.J., Wirth, M., Alger, S., Mattingly, S., and Payne, J. D. (Under Review). Hypothalamic-Pituitary-Adrenal Axis Activation is Necessary for the Preferential Consolidation of Emotional Memory Traces Following Stress Exposure. *Psychological Science*

Wirth, M., Gaffey, A., Villano, M., and **Cunningham, T.J.** (In Prep) Effects of intranasal oxytocin on corrugator supercilii, heart rate deceleration, and skin conductance responses to emotional pictures in men. *Psychophysiology*

Bowman, M., **Cunningham, T.J.**, Ellickson-Larew, S., Pauszek, J., Kalchik, A., Levin-Aspenson, H., Martinez, B., and Payne, J. D. (In Prep). Anxiety and Poor Mood Negatively Impact Prospective Memory. *Memory*

Cunningham, T.J., Leal, S., Yassa, M., and Payne, J.D. (In Prep). Stress Enhances Mnemonic Discrimination of Negative Objects. *Journal of Neuroscience*.

In Prep

Klumpp, H. and **Cunningham, T.J.** (In Prep). Subjective and Objective Sleep Quality on Brain-Behavioral Targets of Negative Valence Systems in Anxiety and Depression

*Book chapters or non-peer reviewed

HONORS AND AWARDS

Teaching Honors

Department of Psychology's Excellence in Graduate Teaching Award May 2017

- Received award and honorarium for outstanding performance as instructor of record for Introduction to Biopsychology in Fall 2016

Department of Psychology's Excellence in Graduate Student Teaching Award May 2013

- Received award and honorarium for outstanding performance in a teaching assistantship in 2012

Public Speaking Honors

3 Minute Thesis (3MT) Competition Finalist February 2016

- Selected as one of three finalists from the Arts and Letter's department to represent the college in a university-wide competition in which participants describe their dissertation research in 3 minutes or less

Leadership Awards

Sleep Research Society Distinguished Service Award, *Boston, MA* June 2016

- Received 2017 award recognizing service done for the Sleep Research Society.

Sleep Research Society Leadership Workshop Award, *Boston, MA* June 2016

- Selected to participate in special Saturday Leadership Workshop at the annual SLEEP meeting in Boston, MA

The Sister Jean Lenz, O.S.F. Leadership Award, *University of Notre Dame, IN* May 2016

- Received annual award honoring a post-baccalaureate student who has displayed leadership in promoting a more diverse, inclusive campus community for students.

Academic Merit

Notebaert Professional Development Award, *University of Notre Dame, IN* June 2017

- Received travel funds from university to attend the 2017 SRS conference.

Sleep Research Society Abstract Meritorious Award, *Boston, MA* March 2017

- Selected to receive travel funds to attend 2017 SLEEP conference based on scientific merit of abstract submitted

- Graduate Student Union Conference Presentation Grant, *University of Notre Dame, IN* February 2017
- Received travel funds from the Graduate Student Union to attend the 2017 CNS conference to present a first author poster and be a panel speaker
- 2016 SSCP Dissertation Grant Awards, SSCP, Washington, D.C.** December 2016
- Awarded a dissertation grant of \$500 in recognition and support of proposed dissertation project by the Society for a Science of Clinical Psychology.
- 2016 SRS People's Choice Award Honorable Mention, *APSS, Denver, CO* June 2016
- Selected through vote of colleagues as one of the best poster presentations during Sunday night poster session
- Notebaert Professional Development Award, *University of Notre Dame, IN* June 2016
- Received travel funds from the college and ISLA to attend the 2016 SRS conference to present a first author poster and act as panel moderator
- Graduate Student Union Conference Presentation Grant, *University of Notre Dame, IN* April 2016
- Received travel funds from the Graduate Student Union to attend the 2016 SRS conference to present a first author poster and act as panel moderator
- Graduate Student Union Conference Presentation Grant, *University of Notre Dame, IN* January 2015
- Received travel funds from the Graduate Student Union to attend the 2015 CNS conference to present a first author poster
- 65th Lindau Nobel Laureate Meeting Nomination, *Notre Dame, IN* October 2014
- Received department and university nomination to attend the 2015 Interdisciplinary Lindau Nobel Laureate meeting with Nobel winners from the fields of Physics, Physiology/Medicine, and Chemistry
- Graduate Research Challenge Award, *Notre Dame, IN* August 2014
- Selected by Graduate School to have work visually represented at the Shamrock Series 5k in downtown Indianapolis, and included in a banner booklet produced by the Graduate School.
- Department of Psychology, Research Funding, *Notre Dame, IN* July 2014
- Received travel funds from Department of Psychology visit collaborators in Tübingen, Germany
- Institute for Scholarship in the Liberal Arts Professional Development Fund, *Notre Dame, IN* July 2014
- Awarded travel funds from ISLA to attend "Memory and Consciousness-Plasticity Brain Rhythms and Sleep Summer School" and visit collaborators in Tübingen, Germany
- Institute for Scholarship in the Liberal Arts Founders' and Directors' 30th Anniversary Research Award, Notre Dame, IN** February 2014
- Awarded special competitive grant (\$10,000) for project entitled *Restoring Healthy Sleep to Prevent the Deterioration of Prospective Memory in Depressed Individuals: A CBT-I Approach*
- Sleep Research Society Mentor-Mentee Program, *Minneapolis, MN* February 2014
- Selected to participate in the pilot run of the SRS Mentor-Mentee program this summer based on scientific merit of abstract. Matched with Dr. Bob Stickgold.
- Sleep Research Society Abstract Meritorious Award, *Minneapolis, MN* February 2014
- Selected to receive travel funds to attend 2014 SLEEP conference based on scientific merit of abstract submitted
- Society for Psychophysiological Research Student Travel Award, *Florence, Italy* August 2013
- Selected to receive travel funds from the conference administrators to attend 2013 SPR conference in Florence, Italy

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| Graduate Student Union Conference Presentation Grant, <i>University of Notre Dame, IN</i> | July 2013 |
| <ul style="list-style-type: none"> Received travel funds from the Graduate Student Union to attend the 2013 SPR conference to present two first author posters | |
| Notebaert Professional Development Award, <i>University of Notre Dame, IN</i> | June 2013 |
| <ul style="list-style-type: none"> Received travel funds from the Graduate School to attend the 2013 SPR Conference in Florence, Italy | |
| Notebaert Professional Development Award, <i>University of Notre Dame, IN</i> | March 2013 |
| <ul style="list-style-type: none"> Received travel funds from the Graduate School to attend the 2013 SLEEP conference | |
| Sleep Research Society Abstract Honorable Mention Award, <i>Baltimore, MD</i> | March 2013 |
| <ul style="list-style-type: none"> Selected to receive travel funds to attend 2013 SLEEP conference based on scientific merit of abstract submitted | |
| Sleep Research Society First Time Attendee Trainee Travel Award, <i>Boston, MA</i> | June 2012 |
| <ul style="list-style-type: none"> Provided travel funds to attend 2012 SLEEP conference for poster presentation | |
| Alumni INC@ND Graduate Tuition Scholarship, <i>University of Notre Dame, IN</i> | January 2010 – May 2011 |
| <ul style="list-style-type: none"> Provided complete funding for up to 7 credits a semester for 3 semesters for graduate level coursework | |

Professional Development/Service Awards

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| Grad Life Grant- Graduate Spouse and Partner Network, <i>University of Notre Dame, IN</i> | March 2015 |
| <ul style="list-style-type: none"> Renewed grant to continue to provide funds to support network development across partnered graduate students and their significant others. | |
| Grad Life Grant- Graduate Spouse and Partner Network, <i>University of Notre Dame, IN</i> | March 2014 |
| <ul style="list-style-type: none"> Grant provided funds to establish a support/social network across partnered graduate students and their significant others. | |
| Grad Life Grant- CBMB Journal Club, <i>University of Notre Dame, IN</i> | January 2013 |
| <ul style="list-style-type: none"> Grant provided funds to host semiweekly journal clubs and recruit invited lecturers to discuss the topic of Neuroscience | |
| Grad Life Grant- Intervention Science Workshop, <i>University of Notre Dame, IN</i> | January 2013 |
| <ul style="list-style-type: none"> Grant provided funds to host a workshop series for graduate students providing contemporary empirical evidence support for pervasive topics such as stress reduction techniques and avoiding procrastination | |

RESEARCH/FELLOWSHIP GRANT APPLICATIONS

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| SSCP Dissertation Grant Competition | 2016 |
| Ruth L. Kirschstein National Research Service Award (NRSA) F31 | December 2015 |
| APSSC Student Grant Competition | 2015 |
| ASCLS I. Dean Spradling Graduate Research Grant | 2015 |
| Ruth L. Kirschstein National Research Service Award (NRSA) F31 | April 2015 |
| APSSC Student Grant Competition | 2014 |
| ISLA Founders' and Directors' 30th Anniversary (AWARDED) | 2014 |
| National Defense Science and Engineering Graduate Fellowships | 2013 |
| APSSC Student Grant Competition | 2013 |
| NSF Graduate Research Fellowships Program | 2012 |
| National Defense Science and Engineering Graduate Fellowships | 2012 |
| Council of Graduate Departments of Psychology Research Award | 2012 |
| NSF Graduate Research Fellowships Program | 2011 |

CONFERENCE PRESENTATIONS

Oral Presentations

- Cunningham, T.** (2016). *Sleep On It: The Role of Sleep in Processing Emotional Events*. Oral presentation at the annual Notre Dame Three Minute Thesis (3MT) Competition, Notre Dame, IN.

Cunningham, T., Bolinger, E., Lathrop, Q., Born, J., and Payne, J. (2014). *Disentangling Sleep, Memory, and Emotion*. Oral data blitz presentation at the Memory and Consciousness-Plasticity Brain Rhythms and Sleep Summer School, Tübingen, Germany.

Panelist/Panel Moderator

Cunningham, T. and Mantua, J. (2017). *APSS First Time Attendee Trainee Development Suite*. Invited panelists to describe the highlights, changes, and how to get the most out of SRS membership and the annual SLEEP conference Boston, MA.

Belfi, A and **Cunningham, T.** (2017). *CNS Trainee Association Professional Development Panel*. Co-moderator for a professional development panel highlighting the career paths of three renowned researchers in the field of cognitive neuroscience at the annual meeting of the Cognitive Neuroscience Society, New York City, NY.

Puzino, K. and **Cunningham, T.** (2016). *APSS First Time Attendee Trainee Development Suite*. Invited panelists to describe the highlights, changes, and how to get the most out of SRS membership and the annual SLEEP conference Boston, MA.

Cunningham, T. (2016). *Predoc Professional Development Panel*. Moderator for a professional development panel highlighting the career paths of three renowned sleep researchers at the annual meeting of the Associated Professional Sleep Societies, Denver, CO

Belfi, A and **Cunningham, T.** and. (2016). *CNS Trainee Association Professional Development Panel*. Co-moderator for a professional development panel highlighting the career paths of three renowned researchers in the field of cognitive neuroscience at the annual meeting of the Cognitive Neuroscience Society, New York City, NY.

Poster Presentations

Pottschmidt, N., **Cunningham, T.**, and Wirth, M. (Accepted) *Depressogenic Variables and Hypothalamus-Pituitary-Adrenal (HPA) Axis Activity*. Poster presentation at the International Society of Psychoneuroendocrinology in Zurich, Switzerland.

Cunningham, T., Pardilla-Delgado, E., and Payne, J. (2017). *Prospective Memory Performance Negatively Correlates with Slow-Wave Sleep Despite an Overall Enhancement Across Sleep*. Poster presentation at the Associated Professional Sleep Society Conference, Boston, MA.

Phillips, A., **Cunningham, T.**, and Payne, J. (2017). *Targeted Memory Reactivation: Odor as a Reactivation Cue During Sleep*. Poster presentation at the Midwestern Psychological Association Annual Meeting, Chicago, IL.

Cunningham, T., Bolinger, E., Born., J., and Payne, J. (2017). *The Association of Skin Conductance Level with Emotional Memory Performance Over Time*. Poster presentation at the Cognitive Neuroscience Society Annual Meeting, Boston, MA.

Cunningham, T., Bolinger, E., Born., J., and Payne, J. (2016). *Proximity to sleep alters the affective processing of emotional and neutral stimuli*. Poster presentation at the Associated Professional Sleep Society Conference, Denver, CO.

Bolinger, E., **Cunningham, T.**, Born., J., and Payne, J. (2016). *Proximity to sleep alters the affective processing of emotional and neutral stimuli*. Poster presentation at the Association for Psychological Science Annual Meeting, Chicago, IL.

Bowman, M., **Cunningham, T.**, Bolinger, E., Born., J., and Payne, J. (2016). *Sex Moderates the Effect of REM Sleep on Emotional Memory Consolidation*. Poster presentation at the Association for Psychological Science Annual Meeting, Chicago, IL.

Cunningham, T., Bowman, M., Ellickson-Larew, S., and Payne, J. (2016). *Anxiety and Poor Mood Predict Poor Prospective Memory Performance*. Poster presentation at the Association for Psychological Science Annual Meeting, Chicago, IL.

Cunningham, T., Mattingly, S., and Payne, J. (2016). *Hypothalamic-Pituitary-Adrenal Axis Activation is Necessary for the Preferential Consolidation of Emotional Memory Traces*. Poster presentation at the Cognitive Neuroscience Society Annual Meeting, New York City, NY.

- Cunningham, T.** and Payne, J. (2015). *Sleep Benefits Memory to Complete Goal-Relevant Behavior*. Poster presentation at the Annual Meeting of the Society for Neuroscience (SfN), Chicago, IL.
- Cunningham, T.** and Payne, J. (2015). *Preliminary Evidence for the Hyperactivity of the Sympathetic Network in Depression and Anxiety*. Poster presentation at the Annual Meeting of the Society for Psychophysiological Research (SPR), Seattle, WA.
- Cunningham, T.** and Payne, J. (2015). *The Relationship between REM Sleep and the Cortisol Awakening Response (CAR) Following Stress Exposure*. Poster presentation at the annual Associated Professional Sleep Society Conference, Seattle, WA.
- Cunningham, T.,** Wirth, M. and Payne, J. D. (2015). *Stress reactivity enhances memory for emotional content at the cost of neutral information*. Poster presentation at the University of Notre Dame Graduate Student Symposium, Notre Dame, IN.
- Cole, M., **Cunningham, T.,** and Payne, J. (2015). *The Effect of Sleep on Skin Conductance Reactivity and Emotional Memory*. Poster presentation at the Midwestern Psychological Association Annual Meeting, Chicago, IL.
- Cunningham, T.** and Payne, J. (2015). *Stress reactivity enhances memory for emotional content at the cost of neutral information*. Poster presentation at the Cognitive Neuroscience Society Annual Meeting, San Francisco, CA.
- Cunningham, T.,** Bolinger, E., Lathrop, Q., Born, J., and Payne, J. (2014). *Disentangling Sleep, Memory, and Emotion*. Poster presentation at the Memory and Consciousness-Plasticity Brain Rhythms and Sleep Summer School, Tübingen, Germany.
- Cunningham, T.,** Chambers, A., and Payne, J. (2014). *The effect of expectation on the selective processing of negatively arousing information across periods of wake and sleep*. Poster presentation at the annual Associated Professional Sleep Society Conference, Minneapolis, MN.
- Mattingly, S., **Cunningham, T.,** and Payne, J. (2014). *Stress effects on the consolidation of emotional memory tradeoffs at 24/48 hours*. Poster presentation at the annual Associated Professional Sleep Society Conference, Minneapolis, MN.
- Cunningham, T.,** Wirth, M., Pardiella-Delgado, E., Blomeke, K., Rawding, J., and Payne, J. (2014). *Alcohol's effect on the Cortisol Awakening Response*. Poster presentation at the annual Cognitive Neuroscience Convention, Boston, MA.
- Chambers, A., **Cunningham, T.,** and Payne, J. (2014). *The effect of future relevance on the emotional memory tradeoff after sleep and wake*. Poster presentation at the annual Cognitive Neuroscience Society Convention, Boston, MA.
- Cunningham, T.,** Crowell, C., Villano, M., Alger, S. E., Mattingly, S., and Payne, J. (2013). *Sleep's depotentiating effect on heart rate deceleration and skin conductance response*. Poster presentation at the annual Society for Psychophysiological Research Meeting, Florence, Italy.
- Cunningham, T.,** Crowell, C., Villano, M., Alger, S. E., Mattingly, S., and Payne, J. (2013). *Increased heart rate deceleration at encoding predicts memory for negative items only after a night of sleep*. Poster presentation at the annual Society for Psychophysiological Research Meeting, Florence, Italy.
- Payne, J. and **Cunningham, T.** (2013) *Emotional memory and psychophysiological reactivity following a night of sleep*. Poster presentation at the annual Cognitive Neuroscience Society Convention, San Diego, CA.
- Cunningham, T.,** Crowell, C., Villano, M., Mattingly, S., Kensinger, E., and Payne, J. (2013). *Psychophysiological Reactivity at Encoding Predicts Memory for Negative Items After a Night of Sleep*. Poster presentation at the annual Associated Professional Sleep Society Conference, Baltimore, MD.
- Cunningham, T.,** Crowell, C., Villano, M., Mattingly, S., Kensinger, E., and Payne, J. (2012). *Emotional memory and psychophysiological regulation following a night of sleep*. Poster presentation at the annual Association for Psychological Science Convention, Chicago, IL.
- Mattingly, S., Kensinger, E., Wirth, M., **Cunningham, T.,** Mickley-Stienmetz, K., Chambers, A., and Payne, J. (2012). *The Influence of post-encoding stress on long term emotional memory trade-off*. Poster presentation at the annual Association for Psychological Science Convention, Chicago, IL.
- Cunningham, T.,** Crowell, C., Villano, M., Mattingly, S., Kensinger, E., and Payne, J. (2012). *The effect of REM sleep on the emotional memory trade-off effect, cortisol awakening response, and psychophysiological reactions to negatively rated scenes*. Poster presentation at the annual Associated Professional Sleep Society Conference, Boston, MA.

Mattingly, S., Kensinger, E., Wirth, M., **Cunningham, T.**, Mickley-Stienmetz, K., Chambers, A., and Payne, J. (2012). *The effect of stress and sleep on the emotional memory tradeoff*. Poster presentation at the annual Associated Professional Sleep Society Conference, Boston, MA.

RESEARCH EXPERIENCE

- VA Eastern Kansas Healthcare System, Leavenworth, KS*
Intern Research Assistant (Advisor: Dr. Mary Oehlert) 2017-Present
 Selected two Research rotations of internship to spend time exploring the impact of sleep on the mental health presentation of Veterans.
- Sleep, Stress and Memory Laboratory, University of Notre Dame, IN*
Graduate Researcher (Advisor: Dr. Jessica Payne) 2011-2017
 Completed Master's Degree and doctoral dissertation examining the effects of stress, sleep and depression on the consolidation of various forms of memory (e.g. emotional, prospective, declarative, etc.) Explored the effect of sleep on psychophysiological reactivity (Heart rate/Skin Conductance) and emotional memory over time.
- Sleep, Stress and Memory Laboratory, University of Notre Dame, IN*
Safety Manager (Advisor: Dr. Jessica Payne) 2012-2017
 Oversaw safety management of the lab in addition to responsibilities of Graduate Researcher. Tasks included but were not limited to ensuring safety training of all lab, IRB updates and approvals, and meeting University requirements for the lab
- Infant Studies Laboratory, University of Notre Dame, IN*
Lab Manager (Advisor: Dr. Jill Lany) January 2011
 Assisted in construction of lab, developed and implemented protocols for data collection with infants, created participant database and assisted in recruitment of participants.
- Sleep, Stress and Memory Laboratory, University of Notre Dame, IN*
Lab Manager (Advisor: Dr. Jessica Payne) 2010 - 2011
 Supervised and trained undergraduate students, develop and implement protocols, data collection, organize the researcher schedule, data entry using SPSS, formal PSG training, and assisted in construction of lab.
- eMotion and eCognition Laboratory, University of Notre Dame, IN*
Lab Manager (Advisor: Dr. Charles Crowell) 2010 - 2011
 Supervised and trained undergraduate students, developed protocols for use of BIOPAC equipment and ACQ software (specialized in heart rate and skin conductance response analysis), data collection, data entry and processing, explored psychophysiological responses to political/social views. Continued work with MATLAB and Audacity software.
- eMotion and eCognition Laboratory, University of Notre Dame, IN*
Research Assistant (Advisor: Dr. Charles Crowell) 2009 - 2010
 Data entry and processing, developed protocols for use of BIOPAC equipment and ACQ software, specialized in heart rate and skin conductance response analysis. Introduction to MATLAB and Audacity software.
- Special Studies Sr., University of Notre Dame, IN*
Student (Advisor: Dr. Anre Venter) 2007
 Developed research and critical writing experience
- Psychology Externship, University of Notre Dame, IN*
Intern (Advisor: Dr. Kathleen Gibney) 2006
 Experience working with troubled teens and maintained notes and journal entries on visits
- Special Studies Jr., University of Notre Dame, IN*
Student (Advisor: Dr. Anre Venter) 2005
 Developed research and critical writing experience

 TEACHING EXPERIENCE

<i>Introduction to Biopsychology</i> Instructor of Record Primary instructor of Biopsychology course.	Fall 2016
<i>Introduction to Biopsychology</i> Teacher's Assistant (Michelle Wirth, PhD, Instructor) Graded all undergraduate work and led review sessions and office hours	Spring 2015
<i>Introduction to Biopsychology</i> Lecturer Topics: Drug Addiction and Treatment, Anxiety Disorders and Autism, Stress physiology and emotion, The effect of sleep on learning and memory	Spring 2015
<i>Abnormal Psychology</i> Teacher's Assistant (Scott Monroe, PhD, Instructor) Graded all undergraduate work and led review sessions and office hours	Fall 2013
<i>Abnormal Psychology</i> Lecturer Topic: Sleep Disorders	Fall 2013
<i>Introduction to Biopsychology</i> Teacher's Assistant (Michelle Wirth, PhD, Instructor) Graded all undergraduate work and led review sessions and office hours	Fall 2012
<i>Introduction to Biopsychology</i> Lecturer Topic: The effect of sleep on learning and memory	Fall 2012
<i>Developmental Cognitive Neuroscience: The Sleeping Brain</i> Guest Lecturer (Jessica Payne, PhD, Instructor) Topic: Sleep and Dreaming	Fall 2012
<i>Developmental Cognitive Neuroscience: The Sleeping Brain</i> Guest Lecturer (Jessica Payne, PhD, Instructor) Topic: Sleep and Dreaming	Spring 2012
<i>Developmental Cognitive Neuroscience: The Sleeping Brain</i> Guest Lecturer (Jessica Payne, PhD, Instructor) Topic: The effect of sleep on procedural memory	Spring 2012
<i>Developmental Cognitive Neuroscience: The Sleeping Brain</i> Guest Lecturer (Jessica Payne, PhD, Instructor) Topic: The effect of naps on learning and memory	Fall 2011

 MENTORING EXPERIENCE

- Mentored five (5) undergraduates in the successful completion of their Senior Thesis Projects.
- Mentored four (4) undergraduates who were winners of an Institute for Scholarship in the Liberal Arts (ISLA) research award through the Undergraduate Research Opportunity Program (UROP) to fund her senior thesis
- Mentored three (3) additional undergraduates that were winners of UROP Summer Comprehensive Grants that provided funding for research during the summer
- Mentored one (1) undergraduate who was the winner of a Nanovic Institute for European Studies Summer Travel and Research Grant allowing her to complete a summer of research abroad.
- Mentored two (2) students in preparation to do summer research at with collaborators at University of Tübingen in Germany

 INVITED TALKS

- Psychiatric and Psychological Specialties, St. Joseph, MI*
Lecturer- "Sleep Disturbance and Mental Health" **March 2016**
 Delivered a presentation on the importance of sleep for mental health and educated the clinical team on common sleep disorders.
- St. Joseph High School, South Bend, IN*
Lecturer- "Sleep On It" **March 2016**
 Delivered an updated presentation of empirical support behind the importance of sleep for learning, memory, physical performance, and emotion regulation to the St. Joseph High School Track Team.
- Bashor Children's Home, Goshen, IN*
Lecturer- "Sleep On It" **July 2015**
 Delivered an updated presentation of empirical support behind the importance of sleep for memory and emotion processing to the parents of children at Bashor Children's Home.
- SciX, University of Notre Dame*
Lecturer- "Sleep On It: Sleep's Role in Emotional Memory and Reactivity" **April 2014**
 Invited to be a guest lecturer on a panel discussing contemporary research on Neuroscience.
- Wellness Wednesday, University of Notre Dame*
Lecturer- "The ABC's of ZZZ's" **January 2013**
 Invited to return to give updated talk on the empirical support behind the importance of sleep
- Robinson Learning Community Center, South Bend, IN*
Lecturer- "The ABC's of ZZZ's" **December 2012**
 Presented a modified version of sleep talk to a group of students at a community center age ranging K-12
- Wellness Wednesday, University of Notre Dame*
Lecturer- "Sleep On It" **December 2012**
 Presented empirical support behind the importance of sleep sponsored by University Health Services
- SOCF 410: Social Stratification, Holy Cross College*
Guest Speaker **December 2012**
 Discussed previous work at juvenile correctional facility including a Q & A and a summary of current line of research
- Cognitive Brown Bag, University of Notre Dame*
Lecturer- "Emotional Memory and Psychophysiological Reactivity Following a Night of Sleep" **September 2012**
 Presented most recent sleep, memory, and physiological response data to Cognitive Psychology Department
- First Year Presentation, University of Notre Dame*
Lecturer- "Emotional Memory and Psychophysiological Regulation Following a Night of Sleep" **August 2012**
 Presented results of First Year Project to response data to Notre Dame Psychology Department

 LEADERSHIP POSITIONS

- March for Science: South Bend, South Bend, IN*
Co-Organizer and Operations Director **Spring 2017**
 Assisted in spearheading and acted as Operations director for the South Bend March for Science which generated over 1,100 marchers in support of science communication and

funding. Also aided in the organization of guest speakers and teach-in tables at the march allowing for public engagement of science with community members.

Sleep Research Society, Darien, IL

TEAC Trainee-Member-At-Large

2015-2017

Selected by the SRS Trainee Education Advisory Committee (TEAC) to serve a year as Trainee-Member-At-Large Elect prior to becoming a member of the Board of Directors for the term beginning in June of 2016 to June 2017. Responsibilities for this position include organizing the Trainee Symposia Series, summarizing all trainee evaluations, and participating in monthly planning meetings. As an effective member of the Board of Directors, the Trainee Member at Large also assists with the development and implementation of a strategic plan for the Society, help establish and monitor metrics for achievement of Society goals and performance, and maintain regular communication with the membership.

Cognitive Neuroscience Society, Davis, CA

Cognitive Neuroscience Society Trainee Association Co-Founder/Vice President

2015-2017

Elected as Vice President of the CNSTA. In charge of organizing events at the 2016 CNS meeting, including the Trainee Social and first ever professional development panel. Also worked to expand the network and reach of the CNSTA by establishing departmental representatives domestically and abroad.

Graduate School, University of Notre Dame

Graduate Student, Spouse, and Significant Other Network (GSN) President

2015-2016

Co-founder and first president of the GSN, an organization developed to making the spouses, families, and significant others of post-baccalaureate and post-doctoral fellows feel welcome and connect them to the university and greater community. Primary work focused on getting the group permanent status for future sustainability.

University of Notre Dame

Eddy St. Commons Phase II Committee Member

2014-2016

Received special invitation from University to sit on a committee with other faculty, staff, and student leaders to discuss the shape future phases of the Eddy Street Commons development.

Graduate School, University of Notre Dame

Graduate Student Union Vice President

2014-2015

Executive board member of the Notre Dame Graduate Student Union in charge of subcommittee chairs.

Indiana College Counseling Association, Terre Haute, IN

Student Representative

2013-2015

Elected as Student Representative of new Indiana chapter of the American College Counseling Association. In charge of recruiting student membership and other duties assigned by the Executive Council.

Sleep Research Society, Darien, IL

SRS Trainee Series Subcommittee (TSS)

2013-2014

Assisting in planning for the 2014 International SLEEP Conference Trainee Symposia Series in Minneapolis, MN.

Graduate School, University of Notre Dame

Graduate Student Union Quality of Life Chairperson

2012-2014

Oversaw a variety of projects and initiatives designed to appreciate the quality of graduate student life on campus

Campus Ministries, University of Notre Dame

Graduate Student Ministry Partnership Team (GSMPT) 2012-2014

Represent the Graduate Student Union on this committee of leaders from faith groups across campus to increase partnership, diversity, and community.

Graduate School, University of Notre Dame

Graduate Student Life Committee Member 2012-2014

Work with a committee made up of various leaders from multiple departments on campus (i.e. career center, health center, campus ministries, Recsports, Graduate School dean's, etc.) to better improve graduate life

Department of Psychology, University of Notre Dame

Graduate Advisory Committee Representative 2012-2013

Elected by peers in psychology department to represent Clinical Department in meetings with Director of Graduate Studies to discuss graduate student needs and questions

University of Notre Dame

University Accreditation Criterion Committee Member 2012-2013

Sat on a committee in charge of assisting the entire University in successfully achieving reaccreditation. Work directly with Criterion 3A subcommittee (Teaching and Learning: Quality, Resources and Support)

Graduate School, University of Notre Dame

Du Lac Subcommittee Chair 2012-2013

Oversaw a group of graduate and law students in a revision of the student handbook at Notre Dame (du Lac) in conjunction with deans from the graduate school to better represent graduate and professional student life

Graduate School, University of Notre Dame

LGBTQ Subcommittee Chair 2012-2013

Led a committee of graduate students in charge of hosting events and providing resources for the graduate LGBTQ community and Allies

Graduate School, University of Notre Dame

Housing Subcommittee Chair 2012-2013

Worked on better housing opportunities for graduate and professional students. Created an internal posting site for housing offered/recommended by fellow graduate students

PROFESSIONAL SERVICE

Review Invitations/Honors

Psychophysiology, Editor-in-Chief: Monica Fabiani

Primary Reviewer Summer 2017

Acted as one of the primary peer reviewers on a manuscript submitted to the journal.

Psychophysiology, Editor-in-Chief: Monica Fabiani

Primary Reviewer Spring 2017

Acted as one of the primary peer reviewers on a manuscript submitted to the journal.

Behavioural Brain Research, Editor-in-Chief: J.P. Huston

Primary Reviewer Fall 2016

Acted as one of the primary peer reviewers on a manuscript submitted to the journal.

*Elsevier Reviews***Granted Recognized Reviewer Status**

Summer 2015

Based on reviewer contributions to participating journals, awarded Recognized Reviewer Status.

*Neurobiology of Learning and Memory, Editor-in-Chief: T. Abel***Primary Reviewer**

Summer 2015

Acted as one of the primary peer reviewers on a manuscript submitted to the journal.

*Psychoneuroendocrinology, Editor-in-Chief: R. Dantzer***Primary Reviewer**

Summer 2015

Acted as one of the primary peer reviewers on a manuscript submitted to the journal.

*Neurobiology of Learning and Memory, Editor-in-Chief: T. Abel***Primary Reviewer**

Spring 2015

Acted as one of the primary peer reviewers on a manuscript submitted to the journal.

*Graduate Women in Science, St. Paul, MN***Fellowship Reviewer**

Spring 2015

Acted as a primary reviewer of fellowship applications for GWIS.

*Graduate Student Union, University of Notre Dame***Reviewer for GSU Conference Presentation Grants**

2013-2014

Acted as a reviewer on a committee to determine funding for graduate students applying for Conference Presentation Grants (CPG).

Conference Support*Cognitive Neuroscience Society, San Francisco, CA***Annual CNS Conference Lead Volunteer**

Spring 2017

Selected to be lead volunteer to assist in the 2017 annual CNS conference. Duties included training and supervising new volunteers and being the primary person directing the check in process.

*Cognitive Neuroscience Society, San Francisco, CA***Annual CNS Conference Volunteer**

Spring 2015

Selected as a volunteer to assist in the 2015 annual CNS conference. Duties included working the registration desk and assisting the key note speaker.

*Cognitive Neuroscience Society, Boston, MA***Annual CNS Conference Volunteer**

Spring 2014

Selected as a volunteer to assist in the 2014 annual CNS conference. Duties included working the registration desk and assisting the key note speaker.

Journal Club/Guest Lecture Services*Department of Psychology, University of Notre Dame***Organizer: Visiting Lecture- Elaina Bolinger**

Summer 2015

Coordinated all arrangements for guest lecture by Dr. Elaina Bolinger entitled "The effect of sleep on emotional reactivity and memory in children.."

*Department of Psychology, University of Notre Dame***Organizer: Visiting Lecture- Dr. Elizabeth Page-Gould**

Spring 2014

Coordinated all arrangements for guest lecture by Dr. Page-Gould entitled "The Subjective Experience of Stress."

*Department of Psychology, University of Notre Dame***Coordinator- "Conversations on Brain, Mind, and Behavior" (CBMB)**

2011-2014

Coordinated and facilitated guest lecture visits to campus to speak on the topic of Neuroscience. Also coordinated semi-weekly journal club meetings for interested

faculty and graduate students to meet and discuss significant research in the field of Neuroscience

Department of Psychology, University of Notre Dame

Organizer: Visiting Lecture- Dr. Stephan Hamann

Coordinated all arrangements for guest lecture by Dr. Stephan Hamann entitled "Brain Mechanisms of Emotion and Emotional Memory."

Spring 2013

Center for Undergraduate Scholarly Engagement (CUSE), University of Notre Dame

Guest Leader: Social Sciences Journal Club

Signed up to work with undergraduates interested in pursuing research to discuss exemplary journal articles across social sciences. The Club scheduled to meet weekly during the semester and aimed to help undergraduate students refine their research interests and introduce them to social science methods.

Spring 2013

Other

Monogram Career Network, University of Notre Dame

Mentor

Mentor other university of Notre Dame athletic Monogram winners interested in pursuing careers in academia.

Spring 2015-Present

The Graduate School, University of Notre Dame

Graduate Student Union 2012-2014 Faith Fair Coordinator

Invited representatives from 50+ faith organizations to attend a recruitment night in which graduate, professional students, faculty and staff could attend and find local resources in line with their individual worship preference. Facilitated this event in the falls of 2012, 2013, and 2014.

Fall 2012-2014

Mental Wellness Workshop Series, University of Notre Dame

Workshop 2: Procrastination- Ain't nobody got time for that! (Or do they?)

Received funding from Grad Life grants to present a Mental Wellness workshop providing empirical evidence behind common stress reduction techniques
Supervisor: Anne Simons, PhD

April 2013

Mental Wellness Workshop Series, University of Notre Dame

Workshop 1: Stressbusters- Empirically supported stress reduction strategies

Received funding from Grad Life grants to present a Mental Wellness workshop providing empirical evidence behind common stress reduction techniques
Supervisor: Anne Simons, PhD

February 2013

The Graduate School, University of Notre Dame

Featured in "Day in the Life of a Grad Student"

Highlighted in a short film for the graduate school depicting a day in the life of various influential graduate students at Notre Dame. Featured at the STAR-ND Walk-In Conference. (<http://www.youtube.com/watch?v=fbvM8IS-9i4&feature=youtu.be>)

Spring 2013

The Graduate School, University of Notre Dame

Developer: Graduate Resource and Problem Resolution Hour (GRPR)

Established the weekly GRPR Hour which provides graduate students a channel to resolve any graduate life related problems and find resources at their disposal. Has since transitioned into an online service.

2012-2014

Department of Psychology, University of Notre Dame

Department Spring Outing Coordinator

Organized department-wide minigolf outing to foster departmental bonding

Spring 2012

Department of Psychology, University of Notre Dame

Interview Weekend Social Event Coordinator

Spring 2012, '13, '14, '15

Organized social event for 2012 and 2013 Psychology Department Interviewees and current graduate students

Department of Psychology, University of Notre Dame

Department Fall Outing Coordinator

Fall 2011-2017

Organized department-wide bowling outing to foster departmental bonding

PROFESSIONAL MEMBERSHIPS

Cognitive Neuroscience Society (CNS): 2011-Present

Sleep Research Society (SRS): 2011-Present

The International Honor Society in Psychology (PSI CHI): 2012-Present

Society for a Science of Clinical Psychology (SSCP): 2012-Present

National Postdoctoral Association (NPA): 2014-Present

Society for Psychophysiological Research (SPR): 2013-2017

Society for Neuroscience (SfN): 2015-2016

American Psychological Association Student Affiliate (APASA): 2011-2015

The American Psychological Association of Graduate Students (APAGS): 2011-2015

CLINICAL EXPERIENCE

VA Eastern Kansas Healthcare System, Leavenworth, KS

2017-2018

Clinical Practicum Student

Completing training for Clinical Psychology degree through internship program at VA EKHS. Rotations include Primary Care Mental Health, Research, Neuropsychology, Addictions, and Mental Health Clinic, along with weekly didactics and supervision.

Training Director: Chad Neal, PhD

Four County Community Mental Health Center, Logansport, IN

2016-2017

Clinical Practicum Student

Academic year practicum experience working on an intensive inpatient Acute Care Unit completing intakes, assessments, and individual/group therapy with severe mental health cases

Supervisor: James Noll, Ph.D., HSPP

Notre Dame Marital Therapy and Research Clinic, Notre Dame, IN

2014-2016

Clinical Practicum Student

Summer coursework and multi-year practicum experience with distressed married couples at clinic, focusing on developing competency in integrative behavioral couple therapy.

Supervisor: David Smith, Ph.D.

Psychological and Psychiatric Specialties, St. Joseph, MI

2015-2016

Clinical Practicum Student

Summer and academic year practicum experience with individual therapy experience, neuropsychological assessment experience, concussion protocol experience, didactic seminars, and case conferences.

Supervisor: Chris Contardo, Ph.D.

A Beautiful Mind, South Bend, IN

2014-2015

Clinical Practicum Student

Second year summer and academic year training in supervised clinical practicum with South Bend Community focusing on development of therapy and assessment skills.

Supervisor: Linda Monroe, Ph.D.

University Counseling Center, University of Notre Dame

2013-2014

Clinical Practicum Student

First year training in supervised clinical practicum with university students focusing on short term treatment and developing competency in CBT and Motivational Interviewing.

Supervisors: Toussaint Whetstone MA, Maureen Lafferty Ph.D., and Anne Simons Ph.D.

CAMPP Lab, University of Notre Dame

Clinical Interviewer

2012-2014

Performed semi-structured interviews with community & patient populations

Supervisor: Lee Anna Clark, PhD

CLINICAL EDUCATION

Four County Community Mental Health Center, Logansport, IN

Screening, Brief Interventions, and Referral to Treatment (SBIRT) Training

October 2016

Completed a workshop seminar on SBIRT for low and moderate risk level alcohol and drug users.

Supervisor: James Noll, Ph.D., HSPP

Psychology Department, University of Notre Dame

Suicidality Assessment and Response Training

October 2016

Received additional training and completed a suicidality assessment check-out to ensure competency in response to suicide risk.

Supervisor: Jennifer Hames, PhD

Association for Behavioral and Cognitive Therapies, New York

The Unified Protocol: A Transdiagnostic Treatment for Emotional Disorders-Webinar

February 2016

Took part in training webinar exploring the latest research and implementation of the Unified Protocol

Supervisor: Todd Farchione, PhD

University of Notre Dame

Emotion Regulation Group Therapy Training

Spring 2015

Weekly meetings to discuss the training and logistics of a newly formulated Emotion regulation group therapy.

Supervisor: Anne Simons, PhD

University of Notre Dame

Targeting Emotion Dysregulation in Treatment: An Acceptance-based Emotion Regulation Group Therapy

October 2014

Attended two-day workshop focused on gaining a better understanding of emotion regulation from an acceptance-based behavioral perspective.

Supervisor: Anne Simons, PhD and Lee Anna Clark, PhD

Star Behavioral Health Providers, State of Indiana

Tier Two Military and Veteran Practicum Training

August 2014

Received 13 CEUs of training in working clinically with military personnel and veterans

Supervisor: Jessica Smith

Association for Behavioral and Cognitive Therapies, New York

Cognitive Behavior Therapy for Insomnia (CBT-I) and Transdiagnostic Sleep Problems in Clinical Practice: Webinar

February 2013

Received 1.5 CEUs of training in performing CBT with a focus on sleep disturbances

Supervisor: Allison Harvey PhD

Star Behavioral Health Providers, State of Indiana

Tier One Military and Veteran Practicum Training

February 2013

Received 6.5 CEUs of training in working clinically with military personnel and veterans

Supervisor: Jessica Smith

Psychopathology, University of Notre Dame

Audited Class

Fall 2012

Audited additional psychopathology seminar to receive additional clinical training

Supervisor: Lee Anna Clark, PhD

PROFESSIONAL TRAINING

Society for a Science of Clinical Psychology (SSCP) Journal Club

Journal Club Member

Summer 2013, 2015

Engaged in weekly readings and online forum discussions with fellow SSCP student members.

Professional Development Program, University of Notre Dame

STAR-ND Graduate Life Seminar

Fall 2013

Attended a lecture on how Graduate Student Life was re-imagined to reach out to, engage, and serve graduate students at Notre Dame. Discussion points included empowering students, forming strategic campus partnerships, and creating new avenues for communication.

Psychology Department, University of Notre Dame

Professional Development Group

2012-2014

Attend meetings and lectures with a focus on professional development and increasing desirability

Graduate School, University of Notre Dame

Multi-modal Communication: Sharing Your Research with Multiple Audiences

Summer 2012

Development of written, oral, and visual rhetorical skills to repackage my materials and clearly and concisely express the significance of my research to a number of different audiences

Instructor: Gretchen Busl, PhD

CONFERENCE ATTENDANCE

Sleep Research Society SLEEP Conference- June 2017

Cognitive Neuroscience Conference- April 2017

Sleep Research Society SLEEP Conference- June 2016

American Psychological Society (APS) Conference- May 2016

Cognitive Neuroscience Conference- April 2016

Society for Psychophysiological Research- October 2015

Society for Neuroscience- September 2015

Sleep Research Society SLEEP Conference- June 2015

Cognitive Neuroscience Conference- March 2015

Memory and Consciousness-Plasticity Brain Rhythms and Sleep Summer School- July 2014

Sleep Research Society SLEEP Conference- June 2014

Cognitive Neuroscience Conference- March 2014

Society for Psychophysiological Research- October 2013

Sleep Research Society SLEEP Conference- June 2013

American Psychological Society (APS) Conference- May 2012

Sleep Research Society SLEEP Conference- June 2012

Cognitive Neuroscience Conference- March 2012

VOLUNTEER EXPERIENCE

Sleep Education Initiative (with Notre Dame Public Relations Dept) 2012-2013
 Muscular Dystrophy Association Lock-up Fundraiser: 2010
 Movember Prostate Cancer Research Fundraiser: 2010
 State Employee Community Campaign (SECC) Chairperson: 2007-2011

WORK EXPERIENCE

South Bend Juvenile Correctional Facility, South Bend, IN

Recreation Director

2007-2011

Worked with treatment teams to identify and assess students with anger management, educational, and mentoring needs both during their stay at the facility and for after-care services, organized recreational, educational, and religious activities for offenders, recruited volunteers to mentor, tutor, and provide religious services for offenders, and took offenders on community service outings throughout community to promote rehabilitation and recompense for offenses

Camp Sweeney, Juvenile Diabetes Summer Camp, Whitesboro, TX

Activity Counselor

2007

Directed activities at a summer camp for children with diabetes; oversaw special, medical and basic needs of the children. Asked to return for week long winter session by invitation-only staff selection.

SPECIAL POSITIONS/COMMENDATIONS

Primary Negotiator for State of Indiana Situational Control (SITCON) Team
 ○ Trained to deal directly with assailant in any situation involving hostages
 Certified Substitute Teacher
 PBS Youth Climate Survey Chairperson
 2010 Governor's Public Service Achievement Award Nominee
 "Star" Award (SBJCF)
 "All-Star" Award (SBJCF)

ADDITIONAL TRAINING

CPR and First Aid Certification
 Personal Protection Certification
 Make A Change (MAC) Academy
 Special Training Classes
 ○ Managing Adolescent Behavior
 ○ Supervising High Risk Juvenile Offenders
 ○ Suicide Prevention
 ○ Sexual Abuse/Assault Prevention
 ○ Substance Abuse
 ○ Working with Special Needs Offenders

REFERENCES

Available upon request